

## COVID-19 Recommendations

The Centers For Disease Control recommends [wearing gloves while doing any coronavirus-related cleaning](#). The agency also recommends cleaning surfaces first with soap and then disinfecting after that for maximum effect in removing germs. For disinfecting, "diluted household bleach solutions, alcohol solutions with at least 70 percent alcohol, and most common EPA-registered household disinfectants should be effective," the CDC explains.

This list can help you get started.

- Light switches
- Doorknobs (on the inside and outside and also the locks on the doors)
- House keys and car keys
- Cellphone and landline
- Earbuds, headphones, and AirPods
- Refrigerator handle
- Oven knobs
- Small kitchen appliances
- Drawer pulls
- Sink knobs
- Bathtub knobs
- Toilet flusher
- Toothbrush
- Hairbrush
- Makeup and brushes
- Any bottles of hair care or skin care
- Desk
- Computer screen
- Computer mouse or laptop touchpad
- Computer keyboard
- Windows
- Mirrors
- TV remote
- Car door handles
- Steering wheel of your car
- Dashboard of your car (including the radio and air vents)
- Gear shift of your car
- Rearview mirror of your car